

# The Royal Liberty School

*"Where boys are ambitious, where boys succeed"*



## SEX & RELATIONSHIPS POLICY

Review Date: March 2016

Next Review: March 2018

## **SEX AND RELATIONSHIPS POLICY**

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## **SEX AND RELATIONSHIPS POLICY**

### **1. Purpose of the Sex and Relationship Education**

The Sex and Relationship Education (SRE) is set out in the Great Britain. Department for Education and Employment (2000). As of 2016 this is still the current guidance for SRE. There is a review of this Government documentation in the Great Britain. Department for Children, Schools and Families (2014). As well as the current National Curriculum in England Framework document stating secondary schools must provide sex and relationship education. Great Britain. Department for Education (2014) and Great Britain. Department for Education (2015). These documents form the literature for the Sex and Relationships Policy.

The content of Sex and Relationships Education is wide and varied. It encompasses a student's awareness of his own sexuality and development, social and cultural norms and expectations, personal morals and values and the emotional aspects of growing up.

Our aim at The Royal Liberty School is to offer a programme of Sex and Relationships Education that sets information within an atmosphere of care for and trust in one another, and for teachers involved in teaching sex and relationship education to be as sensitive as possible to the differing needs and the rates and directions of development of each student.

### **2. Sex and Relationships Education – Provision**

Sex and Relationships Education is provided to all students (with parental permission) and in all year groups. The SRE is delivered in two areas: '**Sex**' and '**Relationships**'. The Great Britain. Department for Children, School and Families (2008) recommends the delivery of these two areas as: 'Sex (Factual)' – Reproduction, STIs, Contraception's and 'Relationships' – Sexuality, Feelings, Emotions, Skills for Coping with Relationships and Making Decisions about Sexuality.

The Great Britain. Department for Children, School and Families (2008) recommends Sex and Relationship Education should be inclusive and relevant to all young people. The delivery of the SRE will include: Disability, Lesbian, Gay, Bisexual and Transgender (LGBT), Young People, Ethnic and Faith Backgrounds.

### **3. Sex and Relationships Education – Provided**

Great Britain. Department for Education (2015) states Sex and Relationships Education is provided to all students and must include the following groups (Disability, Lesbian, Gay, Bisexual and Transgender (LGBT), Young People, Ethnic and Faith Backgrounds) through two areas; Citizenship Days for All years and PSHEE lessons for Year 8 and 9 **see Appendix 1.**

### **4. Sex and Relationships Education – Providers**

The Staff responsible for providing the Sex and Relationship Education are:

Sex and Relationships Education Policy and Planning the Delivery of Sex and Relationships Education – Diversity and Personal Development Leader

Delivery of Sex and Relationships Education - School Nurse, External Agencies, PSHEE Teachers

Child Protection Officer – Mr A Henry - AHT

Second in Child Protection – Ms A Saunders – Head Teacher

### **Confidentiality and Advice**

The following procedures will be followed by all staff:

Students will be made aware that some information cannot be held confidential and that if certain disclosures are made, certain actions will take place. At the same time students will be offered sensitive and appropriate support.

Disclosure or suspicion of possible abuse refer to the CP Officer. The school's Child Protection Procedures will be put into operation (Child Protection Policy).

Students asking for advice on contraception:

- i) Encourage the student to talk with their parents.
- ii) Refer the student to the School Nurse – Weekly drop in session.
- iii) Refer the matter to the Head of House, Assistant Headteacher – Student Development and Welfare/SENCO or Deputy Headteacher

On matters of Sex and Relationships Education teachers should not give personal advice to individuals. The school will always encourage students to talk with their parents first. The various channels open to students who may need individual counselling will be explained in Sex and Relationships Education lessons, including information on family planning services. The School Library, Mentoring area, Careers Room, Year 11 common room will have displays and leaflets provided by the Nurse.

## **5. Monitoring and Evaluation**

The programme fulfils the requirements of Sex and Relationships Education as defined in the Great Britain. Department for Education and Employment (2000) and Great Britain. Department for Children, Schools and Families (2008) documents. It provides knowledge and information and emphasises the skills and attitudes that young people need to manage their lives in a responsible and healthy way.

Staff and students are regularly monitored throughout the year to ensure the learning and content of delivery is in line with policy.

Content is related to the Spiritual, Moral, Social and Cultural (SMSC) development of the students as they enter and pass through adolescence.

Individual teachers inevitably have the responsibility of handling information in the classroom, but there are clear guidelines in the PSHEE and Equality and Diversity Scheme of Work, set down as to what is felt to be appropriate to introduce at each level.

The precise timing of the delivery of the various elements of Sex and Relationships Education will be kept under review.

## **6. Parents**

Under the Education Act 1996, parents have the right to withdraw their children from any or all parts of Sex and Relationships Education outside the National Curriculum. Parents wishing to exercise that right need to contact the Headteacher. Once a child has been withdrawn they cannot take part in later Sex and Relationships Education lessons without parental approval. Any complaints about the Sex and Relationships Education curriculum should be made to the Headteacher.

## **7. Staff**

'It is essential that schools can help children and young people develop confidence in talking, listening and thinking about sex and relationships. Teachers and other staff may need to overcome their own anxieties and embarrassment to do this effectively. Partnership between school and parents is the key to success. There are a number of teaching strategies that can help this, including:

- Establishing ground rules with their pupils;
- Using 'distancing' techniques;
- Knowing how to deal with unexpected questions or comments from pupils;

- Using discussion and project learning methods and appropriate materials; and
- Encouraging reflection'

Department for Education and Employment (2000), p. 22.

Any staff member whose social media is found to not follow the school's sex and relationships policy will be checked by a member of staff of the same sex.

## 8. Contacts

Contacts are available to all staff through the policy and to students and parents in the school foyer.

<b>Contacts</b>		
<b>Organisation</b>	<b>Website</b>	<b>Contact Number</b>
Childline	<a href="http://www.childline.org.uk">www.childline.org.uk</a>	0800 1111
National Security for the Prevention of Cruelty to Children (NSPCC)	<a href="http://www.nspcc.org.uk">www.nspcc.org.uk</a>	0800 1111 0808 800 5000
Lucy Faithfull Foundation	<a href="http://www.lucyfaithfull.org.uk">www.lucyfaithfull.org.uk</a>	0808 1000 900
The Royal Liberty School	<a href="http://www.royalliberty.org.uk">www.royalliberty.org.uk</a>	01708 730 141

## 9. Family Life

The value of family life is an important aspect of Sex and Relationships Education and will be addressed mainly through a consideration of the qualities of and relationships between family members, with an emphasis on stability, respect, love, caring and support.

Great Britain. Department for Children, Schools and Families (2008) concludes 'that school-based sex education can be effective in reducing risk-taking sexual behaviour. None of the evidence reviews suggested that provision of SRE led to increased levels of sexual activity.' (Great Britain. Department for Children, Schools and Families (2008), p. 17).

## 10. Monitoring and Review

Sex and Relationships Education will be monitored, reviewed and evaluated by the school through staff and student questionnaires and Governor visits of Sex and Relationship Citizenship Days. Regular reports on Sex and Relationships

Education will be made to the student achievement and welfare committee of the Governing Body.

### **11. Dissemination of the Policy**

A summary of the policy is in the staff handbook. The full policy and programmes of study are available to parents through the Headteacher and on the school web site.

### **12. Bibliography**

Full access of the guidance issued can be found at:

Great Britain. Department for Education and Employment (2000) *Sex and Relationships Education Guidance*. Nottingham: DFEE

Great Britain. Department for Children, Schools and Families (2008) *Review of Sex and Relationship Education (SRE) in Schools: A report by the External Steering Group*. Nottingham: DCSF.

Great Britain. Department for Education (2014) *The National Curriculum in England framework document*. Nottingham: DFE.

Great Britain. Department for Education (2015) *Government Response: Life lessons: PSHE and SRE in Schools. Presented to Parliament by the Secretary of State for Education by command of Her Majesty*. London: DFE.

Great Britain. Department for Education (2016) *Letter from the Secretary of State for Education to Neil Carmichael MP Chair of Education Select Committee*. London: DFE.

Ofsted (2013) *Not yet good enough: personal, social, health and economic education in schools: Personal, social, health education in English Schools in 2012*, London: Ofsted.

**Appendix 1 – Sex and Relationships Education – Citizenship Days and PSHEE Lessons**

**CITIZENSHIP DAYS**

<b>Year</b>	<b>Citizenship Days</b>	<b>Sex (Factual)</b>	<b>Relationships</b>	<b>Controversial Issues</b>
<b>Year 7</b>	Sex and Relationship Day – Relationships Between People	Puberty	Feelings Emotions Skills for Coping with Relationships	
<b>Year 8</b>	Sex and Relationship Day – Act of Sex	Reproduction	Skills for Coping with Relationships	
<b>Year 9</b>	Sex and Relationship Day – Contraception and STIs	Contraception's STIs	Skills for Coping with Relationships	
<b>Year 10</b>	Sex and Relationships Day - Gendered Intelligence Day		Sexuality Making Decisions About Sexuality	Homosexuality
<b>Year 11</b>	Preparing for the Wider World			Pornography

**PSHEE LESSONS**

<b>Year</b>	<b>Lessons</b>	<b>Sex (Factual)</b>	<b>Relationships</b>	<b>Controversial Issues</b>
<b>Year 8</b>	Knowledge of How to Access Further Advice and Support		Staying Safe	Sexual Abuse
<b>Year 8</b>	Sexual Exploitation and Abuse		Staying Safe	Sexual Abuse
<b>Year 8</b>	The Consent of and Laws Relating to, Sexual Consent		Staying Safe	Sexual Abuse
<b>Year 8</b>	Knowledge of the Importance of Safe Sexual Practices		Staying Safe	
<b>Year 8</b>	An Understanding of Human Sexuality	The 'Mechanics' of Reproduction	Relationships Sexuality	
<b>Year 9</b>	An Appreciation of the Consequences of their Choices		Dealing with Emotions	
<b>Year 9</b>	Develop Positive Relationships		Relationships The influence of Pornography on Students' Understanding of Healthy Sexual Relationships	Pornography